

# Social Skills Programs December 2011 & January 2012

Word By Mouth's Social Skills Programs are specifically designed to assist children to communicate more effectively and confidently with their peers. Additionally, the program aims to facilitate children's understanding of their own emotions and those of others in order to experience more successful social interactions.

- Small Groups up to maximum of 6 children;
- Topics covered include: conversation skills; body language; understanding feelings in self and others; and managing emotions;
- Students are allocated to groups based on their needs, interests and age;
- 1 x 2 hour session conducted over 5 consecutive days;
- Parents to attend two information sessions.

The specific aims of the program are:

- To promote the social and emotional well being of children.
- To teach specific conversational skills and ways to manage thoughts and feelings in appropriate ways;
- To increase positive interactions with peers;
- To provide a family-centred approach by running parent sessions in conjunction with the Social Skills Program.

***HURRY—LIMITED PLACES AVAILABLE***

For more information or to make a booking contact :

**Melinda Schambre**

**Ph: 03 9873 0102**

**Email: [melinda@wordbymouth.com.au](mailto:melinda@wordbymouth.com.au)**



